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## (12) United States Patent

Tarnava et al.

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### 4) COMPOSITION FOR PRODUCING HYDROGEN RICH WATER AND OTHER PRODUCTS

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- (\*) Notice: Subject to any disclaimer, the term of this patent is extended or adjusted under 35 U.S.C. 154(b) by 0 days.

This patent is subject to a terminal disclaimer.

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### (57) ABSTRACT

The invention provides compositions for producing hydrogen rich water, nutraceuticals, cosmetics, pharmaceuticals, and other products. In one embodiment, the invention provides a composition, e.g., a tablet, including magnesium metal, at least one water-soluble acid, and a binding agent. The magnesium metal and at least one water-soluble acid may be present in amounts sufficient to maintain a pH of less than 7, e.g., at a specific time period after reaction, and a concentration of at least 0.5 mM  $\rm H_2$  after reaction in 50 mL water in a container e.g., a sealed or an open container, e.g., at least 0.5 mM  $\rm H_2$  after reaction in 100 mL water or at least 0.5 mM  $\rm H_2$  after reaction in 500 mL water. The composition may also include a lubricant.